

Flexible solutions at Bytoften

The independent institution Bytoften is a home and activity center for adults (appr. 18 - 60 years of age) with physical disabilities and/or brain injury. The objective of the center is to create a social as well as development-oriented environment for the residents. At the same time, Bytoften aims to be an attractive workplace with satisfactory working conditions and with a high level of professionalism.

The Bytoften home and activity center is located in a newly built high-rise building. The building contains 28 modern two-room apartments whereof 22 are used for sheltered residences on a permanent basis. On the ground floor there is a day centre, Oasen, as well as a fitness room which is used for physiotherapy sessions. On the 6th floor there are further training facilities available.



Challenge

- ▮ To create functional and comfortable bathrooms which support the different needs of the residents at the institution.
- ▮ To create optimal working conditions for the care personnel working at Bytoften.

Solution

- ▮ Flexible and ergonomical solutions which are horizontally and vertically adjustable.
- ▮ The flexibility creates optimal space for mobility aids and possible carers who may be needed in the room.

Effect

- ▮ A safe working environment where correct work postures are possible because of the flexibility of the solutions.
- ▮ An effective utilization of the space available in the bathroom as well as an adherence to official requirements of authorities.

The challenge

was to create functional, comfortable and future-proof bathrooms in 76 two-room apartments. The goal was for the solutions to help build the individual resident's self-esteem and support his/her lifestyle.

At the same time it was important to keep in mind that the apartments function as private homes as well as a work place where care personnel should be protected from inappropriate work postures. The space available in the bathroom should be optimized to allow for proper room for storage.

The solution

implemented was the flexible and ergonomic solution from Pressalit Care with horizontally and/or vertically adjustable products in the toileting, washing and showering sections of the bathroom.

The horizontally adjustable products can be shifted on the wall and thereby create extra space for carers and mobility aids such as walkers, wheel chairs or nursing benches.

Well thought out design and solid materials make the bathrooms inviting and help to support the light and modern architecture of the apartments.

The effect

is happy and satisfied residents who thrive in their daily environment and feel 100% at home. At the same time the flexibility of the products help carers and therapists to work in appropriate postures and enable them to tailor the care to each individual resident.

The result is an optimal and effective utilization of the space available in the bathroom without having to use extra room to live up to the authorities' requirements of the lay-out. Together with the rest of the center, the new bathroom solutions reflect the original idea of the building developer to create something beautiful and unique: a center of passion for life.



”In close collaboration with the consultant from Pressalit Care, we reliably reached our targets for the economical and temporal scope of the project. With Pressalit Care's well thought out solutions it was possible to fully accommodate the actual needs of the users and carers in the bathrooms at Bytoften. At the same time, it was possible to future proof the lay-out in terms of future residents' needs.

It puts your mind at rest to work with a professional sparring partner who really listens and who is able to see the assignment from the standpoint of both the users and the building developer. The possibility of testing ideas for the bathroom layout in a 1:1 setting at Pressalit Care's test center is moreover highly recommendable.”

*Architect Lisbet Wolters
from Årstiderne Architects, Helsingør*